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VOL. 35, NO. 04



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TOWN

Doctor attraction and retention...

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4-H CLUB

Edson 4-H Club hosts communication day...

see page 11

COMMENT

Trudeau punishing Albertans for cold weather...

see page 6

Yellowhead County hosts Family Fun Time

by Niki Luymes

Twice a month Yellowhead County welcomes young families out for fun and community connection at the Yellowhead County Family FunTime. The program takes place almost every Wednesday, alternating between two different locations from 10:30am to 12:30pm at either the Peers Multiplex or Marlboro Community Hall. During Family Fun Times kids enjoy a mixture of unstructured play and led activities. Each session begins with free

continued page 2



The Edson Orca Swim Club gave a big thank you to Canlin Energy for donating \$1500 and becoming a meet sponsor for their next swim meet in April. Thank you for investing in these young athletes! photo submitted by Deanna Mitchener

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Yellowhead County hosts Family Fun Time

continued from front

play, but then moving into an organized circle time. Circle time is led by a representative from the Edson and District Community Learning Centre. They led the kids through fun group songs and activities that help with coordination, counting, rhythm, and other basic skills.

After that, kids can return to unstructured play enjoying the provided toys, crafts, and snacks. While most activities remain consistent, they do bring in new things just to shake it up a bit. "We do try to bring in some different activities to keep the kids engaged," said Jenna Truemner, Children's Program Coordinator with the County's Family and Community Support Services (FCSS).

Programs like this exist to give young families a chance to connect with other families and with the organizations that can support them. "We had offered this last spring as a pilot project and there was a really good response from the families and lots of good feedback, so we are continuing to offer this program," said Truemner.

The event is entirely free, but does require pre-registration. The Peer's event usually has 10 families registered while in Marlboro there are typically five. There will be Family Fun Time events running until the middle of March. For more information or to register visit YHCounty.ca.



Jin Lee with the Edson and District Community Learning Centre led circle time at the Jan 17 Family Fun Time at the Peers Multiplex. photo Niki Luymes



Kids enjoyed the structured playtime led by Jin Lee with the Edson and District Community Learning Centre on Jan 17 during the County FCSS Family Fun Time held at the Peers Multiplex. photo Niki Luymes



The weekly Family Fun Time brings families together for a time of play and community connection. This recent event took place at the Peers Multiplex on Wednesday Jan 17. photo Niki Luymes

**JOB ADS
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ONLINE
at
weekly
anchor.com**

EVENT REMINDERS

February 8:
Robb Ice Skating & Winter Fun! 12-2 PM Robb Skating Rink & Park. FREE DROP-IN STYLE EVENT BUT PLEASE REGISTER at yhcounty.ca/registration TO HELP US ESTIMATE NUMBERS.

February 9:
Valentine's day dance. Evansburg Legion from 6-8pm Registration is required by February 2 at yhcounty.ca/registration

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alberta.ca/alberta-wildfire-recruitment

Alberta

Town of Edson Doctor Attraction and Retention

(Town of Edson) The Town of Edson understands the challenges being faced by rural Alberta when it comes to attracting and keeping medical professionals in the community.

While the Town is pleased to hear that two new doctors are planning to relocate to Edson, efforts continue to be made to attract and retain medical professionals.

One of Edson's main attraction features for this field is the new hospital. The Edson Healthcare Centre opened its doors in 2016 and features top of the line health services, including acute care, continuing care, inter-professional primary health care, and community health programs.

However, even with a new facility, it can be difficult to attract physicians to practice in rural Alberta as opposed to larger cities.

“Our local physicians have been working very hard ensuring the ER has coverage while providing services at the Medical Clinic. Our goal is to get back to a full complement of doctors so they can start accepting patients again and lessen the burden on existing physicians. We thank all our medical professionals for their commitment to Edson and look

forward to welcoming new physicians to the community. Council is committed to continuing to collaborate with our partners to ensure we can attract and retain medical professionals to Edson,” stated Edson Mayor Kevin Zahara

Attracting and maintaining a solid number of physicians in our community touches nearly all aspects of Council's Strategic Plan, most specifically Creating a Connected Community that is Safe and Inclusive.

With that in mind, the Town of Edson has been working to create a positive working environment for medical professionals and advancing creative solutions to the issues they face.

In 2011, the Town of Edson purchased the Edson Medical Centre to help maintain a stable work environment for doctors. Recently, the Town has worked with the local doctor's group on updates to the Medical Centre lease to help reduce overhead and realign costs with current market values.

The Town of Edson and Yellowhead County partnered on the purchase of a home in 2012 to help provide transitional housing

for medical professionals as they relocate to our community.

Currently, Town staff are working closely with the Edson and District Community Care Foundation, Hospital Administration, the Rural Health Professions Action Plan group, and other organizations to build relationships and come up with more strategic plans to make Edson a workplace of choice for doctors, nurse practitioners, and other professionals.

Town staff are also working directly with medical students in the

area on an attraction and retention plan and video.

www.edson.ca

Active conversations continue between the Town and Alberta Health Services regarding the operation of the hospital, recruitment strategies, and other health related concerns in the community.

The Town of Edson is committed to working will all of our community partners to make our Town a great destination for medical professionals.

REQUEST FOR PROPOSAL (RFP)

Sealed RFPs for: Galloway Station Museum Cleaning Contract

The Edson and District Historical Society invites proposals for facility cleaning services. The contract will be limited to the actual supplies delivered or the services performed. The successful bidder of this proposal will be the primary supplier of the service being proposed for the 2024 to 2027 calendar years. Go to <https://www.gallowaystationmuseum.com/janitorialrfp> for RFP documents.

Submissions may be made in person, or by mail at the following address:

Galloway Station Museum
223 - 55th Street Edson, AB T7E 1L5

email submissions: manager@gallowaystationmuseum.com

**Time/date for RFP Closing is 2:00 pm, local time
Friday February 9th, 2024 and all proposals must be clearly marked.**

All inquires regarding this RFP shall be addressed to:

Shari McDowell, Galloway Station Museum
223 - 55th Street Edson, AB T7E 1L5 780-723-5696

Sealed proposals will be opened in the presence of the Galloway Station Museum Manager and at least one member of the Edson and District Historical Society Board Executive.

EMPLOYMENT



Compressor Valve Shop Technician

Duties include but are not limited to:

- Rebuilding compressor valves and packing cases.
- Disassembly/ reassembly of compressor components.
- Operating machines such as: lapping table, manual lathes, milling machines, etc.
- Inspecting and repairing equipment and components.
- Cleaning shop and equipment.
- Shipping/ receiving material.
- Communication with staff and customers.
- Pickup & deliver compressor parts to various locations, including sites.

The right candidate will possess:

- Experience in the compression industry is preferred but will train the right candidate.
- Excellent verbal and communication skills.
- Mechanically inclined.
- Ability to work overtime hours as required.
- Strong time-management skills.
- Strong organizational skills.
- Prioritizing skills.
- Excellent work ethic.
- Valid class 5 driver's license.

Location: Edson

Wages to be determined based on experience.

Please email your resumes to candice@revalve.ca

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Eminent Zone Winter Bash Fundraiser

by Deanna Mitchener

All you Rodeo Fans can enjoy some fun coming your way on February 10. Getting ready for the upcoming rodeo season, Travis James has a fundraising event happening at the Pine Grove Hall.

Owner and CEO at Element Zone, Travis James said, "The event has a supper, a silent and live auction, followed by a live band featuring Cole Malone. Funds generated from this event help fund the summer's events. We have also added a 5th event to our schedule this year. The Rank Mini Pony reunion returns us to our roots with an event specially designed to bring back the kids that kick-started this operation."

The event starts at 5 p.m. with supper at the Pine Grove Hall.

Tickets can be purchased at the Boot Shop Saddlery and Western Wear.

Cole Malone offers powerful vocals and high-energy when he is performing. Originally from Ontario, Cole now roams the prairies of Alberta bringing an edgy country-rock sound to all types of stages from small-bush-parties and bars to large festivals like the Calgary Stampede.

This is a great opportunity to get out of the house and have a boot-stomping good time. Tell those family and friends to meet up on February 10 for a delicious meal, some bidding wars, great music, and a few dances to help support this great event. Join in the fun at the Eminent Zone Winter Bash.

Edson Food Bank asks for support in midst of increased usage

by Deanna Mitchener

The Edson Food Bank has seen a significant increase in the amount of food they are going through. More families are depending on their help.

"We have fed 42% more children in January 2024 than in January 2023 at the Edson Food Bank. To continue operating at this capacity, we need your help," The Food Bank stated. "Our community need is increasing, which means we are

having to purchase more food to ensure no child goes hungry."

You can help by donating food (there are five drop off bins throughout town). The Food Bank can also help you navigate a food drive campaign. They also accept online donations and include a tax receipt - please visit edsonfoodbanksociety.ca

Without community support the Food Bank states they will need to make substantial changes to their operation.

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by Shawna Hallock, RMT

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TOWN OF EDSON
Public Information & Notices 2024
Town of Edson
Office Hours:
Monday to Friday
8am to 4pm
(Closed Stat Holidays)

Alberta Traffic Safety Calendar
Alberta Transportation

February: Distracted driving
March: Seatbelts
April: Speed

The Town of Edson aligns its Traffic Safety Priorities with the Alberta Traffic Safety Plan, with an aim to reduce road traffic fatalities. Each month the Alberta Safety Plan has a specific focus for information and enforcement activities. February's focus is Distracted Driving. For more details on the Alberta Traffic Safety Plan, visit <https://www.alberta.ca/alberta-traffic-safety-plan.aspx>

Edson PHOTO ENFORCEMENT LOCATIONS FOR JULY 2023

For more information on photo enforcement, including a list of frequently asked questions and stats, visit www.edson.ca/photo-enforcement.

Feb 1st -	48 AVENUE AT OR NEAR PARKLAND & PINEGROVE SCHOOL
Feb 2nd -	4 AVENUE AT OR NEAR 59 STREET
Feb 3rd -	56 STREET AT OR NEAR VANIER SCHOOL
Feb 4th -	4 AVENUE AT OR NEAR 43 STREET
Feb 5th -	2 AVENUE AT OR NEAR 48 STREET
Feb 6th -	2 AVENUE AT OR NEAR RAILWAY OVERPASS HIGHWAY 16
Feb 7th -	56 STREET AT OR NEAR VANIER SCHOOL
Feb 8th -	46 STREET AT OR NEAR MARY BERGERON SCHOOL
Feb 9th -	49 STREET NEAR 12 AVENUE
Feb 10th -	4 AVENUE AT OR NEAR 59 STREET
Feb 11th -	2 AVENUE AT OR NEAR 59 STREET
Feb 12th -	2 AVENUE AT OR NEAR 58 STREET
Feb 13th -	2 AVENUE AT OR NEAR RAILWAY OVERPASS HIGHWAY 16
Feb 14th -	46 STREET AT OR NEAR MARY BERGERON SCHOOL
Feb 15th -	48 AVENUE AT OR NEAR PARKLAND & PINEGROVE SCHOOL
Feb 16th -	12 AVENUE AT OR NEAR 49 STREET
Feb 17th -	49 STREET AT OR NEAR 12 AVENUE
Feb 18th -	2 AVENUE AT OR NEAR 58 STREET
Feb 19th -	4 AVENUE AT OR NEAR 59 STREET
Feb 20th -	2 AVENUE AT OR NEAR 53 STREET
Feb 21st -	HIGHWAY 16 NEAR 25 STREET
Feb 22nd -	56 STREET AT OR NEAR VANIER SCHOOL
Feb 23rd -	2 AVENUE AT OR NEAR RAILWAY OVERPASS HIGHWAY 16
Feb 24th -	48 AVENUE AT OR NEAR PARKLAND & PINEGROVE SCHOOL
Feb 25th -	12 AVENUE AT OR NEAR 49 STREET
Feb 26th -	2 AVENUE AT OR NEAR RAILWAY OVERPASS HIGHWAY 16
Feb 27th -	2 AVENUE AT OR NEAR 48 STREET
Feb 28th -	13 AVENUE NEAR POPLAR PLACE
Feb 29th -	HIGHWAY 16 NEAR 25 STREET

- Additional locations may be photo enforced on the above dates.
- Photo enforcement may not operate on all dates above.



TOWN OF EDSON

Public Information & Notices 2024

**Town of Edson
Office Hours:
Monday to Friday
8am to 4pm
(Closed Stat Holidays)**

Business Licence Renewals



With the beginning of every year, we would like to kindly remind our business owners to renew their business licence before the February 15th deadline for renewals.

The following changes were enacted last year with the updating of the Business Licence Bylaw.

1. Following a review and comparison of fees from similar sized municipalities, the fee structure has been adjusted and 'early bird discount' has been repealed;
2. Although Business Licences technically expire at the end of the year. Your business will remain compliant and is allowed to operate within the Town up until the February 15th deadline. Per our newly enacted Business Licence Bylaw No. 2280, failure to renew by February 15th, would deem the Business Licence invalid and the Business not being permitted to operate within Town limits until such a time when the Business Licence is renewed; and
3. Moving forward, to reduce paper waste, the Town of Edson will no longer be issuing paper Business Licence Certificates annually. We would ask business owners reaching their 5-year mark to place their new Business Licence stickers over the older stickers on the certificate.

If you have any further questions, clarifications or concerns, please don't hesitate to reach out to our Economic Development Officer at morganr@edson.ca

More info --> <https://www.edson.ca/business/business-licences>



Provincial Flood Supports & Disaster Recovery Program Application Info

Deadline to apply for the Provincial disaster recovery funding related to the June flooding is Feb 26th, 2024.

Up to \$68 million is available in disaster recovery funding to help Edson, Whitecourt, Yellowhead County and Woodlands County recover from June flooding.

Residents and business owners can now submit applications for disaster financial assistance to help with uninsurable costs incurred from flood-related damage to homes and property.

Visit <https://www.alberta.ca/disaster-recovery-programs> for Disaster Recovery Program Application information and the application form.

NOTICE OF HEARING

Appeal to Subdivision and Development Appeal Board:

- Development Permit Application No. 048-2023
- Municipal Address: 4920 1 Ave, Edson AB
- Legal Address: Plan 1494AC; Block 6; Lot 31-37
- Hearing Date: February 7, 2024
- Hearing Time: 6:00 PM
- Hearing Location: Council Chambers; Edson Civic Centre; 605 50 St; Edson AB

Should you wish to inspect any of the relevant documents or materials with regard to this appeal prior to the hearing, please contact the undersigned.

During the hearing, the Subdivision and Development Appeal Board will hear representations from persons who claim to be affected by this matter. If you wish to submit written material to the Board, it should be delivered to the Clerk no later than 4:00 P.M. MT on Thursday February 1, 2024.

Amanda Vierboom
SDAB Clerk
605 50 St
P.O. Box 6300
Edson, AB T7E 1T7
Email: legislativeservices@edson.ca



Public Notice



Town Facility Closures Tuesday, January 30, 2024

The following Town of Edson facilities will be closed on Tuesday, January 30th, for professional development.

- Civic Centre
- Protective Services Building (Fire Hall). *Emergency response is not impacted.
- Edson Landfill
- Edson and District Leisure Centre (re-opening at 4pm)
- Public Works Building

Facilities will return to normal operating hours on Wednesday, January 31st, 2024. We apologize for any inconvenience and thank you for your patience while staff attend this important function.

NOTICE OF DEVELOPMENT

Recent Development Permits approved by the Development Authority, under the Town of Edson Land Use Bylaw 2070 as amended, can be found at <https://www.edson.ca/business/planning/development-permit-applications>. Additional information can be requested from the Planning Department at 780-723-4402 or planning@edson.ca.

Any person who is deemed to be affected by the issuance of any one of these permits may appeal to the Subdivision and Development Authority **by 4:00 p.m., on the 21st day after the date of issue as published on the Town's website.** On Permitted Uses, grounds for appeal must relate only to interpretation, variance, or relaxation of Land Use Bylaw 2070. On Discretionary Uses, all aspects of the proposed development may be challenged upon appeal. Written notice of appeal, accompanied by the appeal fee as established by Town Council, must be filed through the Office of the Secretary of the Subdivision and Development Appeal Board at Box 6300, Edson, AB T7E 1T7. **Direct Control District Approvals cannot be appealed.**



Guest Editorial/Column

Trudeau punishing Canadians for surviving cold winter

Families brace for skyrocketing heat bills as Trudeau carbon taxes bite.

by Franco Terrazzano and Kris Sims

Millions of Canadians are keeping an anxious eye on their thermostats, praying the power stays on and bracing for carbon-taxed heat bills to arrive.

A frigid winter cold snap delivered daytime temperatures in the minus 30s with overnight wind chills of over minus 50 in parts of Canada. Natural gas furnaces are running around the clock, keeping families from freezing and water pipes from bursting.

The situation got scary Saturday when an Alberta-wide alarm blared across smartphones, TVs and radios. The province warned the power grid was maxing out and rolling blackouts were about to hit.

Alberta Premier Danielle Smith took to social media imploring Albertans to turn off their lights, stop using appliances and hunker down to save the power grid from blacking out. Saskatchewan Premier Scott Moe tagged in, announcing his province was sending 153 megawatts to Alberta.

When it's minus 40, running the furnace isn't a luxury; it's a necessity. And yet, Prime Minister Justin Trudeau is punishing Canadians with a carbon tax for the sin of staying warm and staying alive in winter.

The federal carbon tax is currently set at \$65 per tonne, costing 12 cents per cubic meter of natural gas and 10 cents per litre of propane. An average Canadian home uses about 2,385 cubic metres of natural gas per year, so the carbon tax will cost them about \$300 extra to heat their home.

Even after the rebates, average families will be out hundreds of dollars this year because of the higher heating bills, gas prices, inflation and the economic damage that comes with the carbon tax, according to the Parliamentary Budget Officer.

But the Trudeau government isn't done. On April 1, the carbon tax is going up to \$80 per tonne. That will cost 15 cents per cubic metre of natural gas.

In fact, Trudeau plans to crank up his carbon tax every year. Over the next three years, Trudeau's carbon tax will cost the average family \$1,100 on natural gas alone.

Canada is a cold place. Keeping the heat on isn't a luxury; it's a necessity. And Trudeau's carbon tax punishes families who need to stay warm during the winter months. Even worse, Trudeau knows the carbon tax makes it more expensive for families to keep warm.

"We are putting more money back in your pocket and making it easier for you to find affordable, long-term solutions to heat your home," Trudeau said when he removed the carbon tax from home heating oil for three years.

This was an admission of an obvious reality: the carbon tax makes life more expensive. Otherwise, why would Trudeau take the carbon tax off a form of heating energy?

Trudeau's carbon tax-carve out was a political ploy to keep his Atlantic MPs from revolting while support for the Liberals plummeted in their typical stronghold.

While many Atlantic Canadians use heating oil, 97 percent of Canadian families use other forms of energy, like natural gas or propane, and won't get any relief from the feds this winter.

Even in Atlantic Canada, 77 percent of people want carbon tax relief for all Canadians this winter, according to a Leger poll commissioned by the Canadian Taxpayers Federation. Provincial politicians of all stripes have demanded the feds take the carbon tax off everyone's heating bill.

That's because staying warm isn't a partisan issue. All Canadians need to heat their home. And we shouldn't be punished with a tax just to survive the winter.

Trudeau should completely scrap his carbon tax. But at the very least, he should extend the same relief he provided to Atlantic Canadians and take the carbon tax off everyone's home heating bill.

Franco Terrazzano is the Federal Director and Kris Sims is the Alberta Director of the Canadian Taxpayers Federation. © Troy Media

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Edson RCMP Occurrences

For the week of: Jan 15 to 21, 2024

Assistance calls topped the list of Edson RCMP occurrences at 15. Other investigations included: Abandoned Vehicles 2; Alarms/False Alarms 3; Animal Calls 3; Assault 4; Cause Disturbance 5; Fail to Comply with Conditions 5; False/Abandoned 911 Call 4; Family Orders and Agreements 0; Fraud 1, Harassment/Criminal Harassment 0; Lost or found property; 3, Impaired Operation of Motor Vehicle 0; Information File 0; Mental Health Act 4; Mischief or Damage 5; Municipal Bylaws 1; Obstruct/Resist Peace Officer 0; Possess Stolen Property 2; Recovered Stolen Property 0; Sudden Death 2; Suspicious persons 3; Theft Complaints 8; Traffic violations 6; Traffic Complaints 7 ; Trespassing 5; Unlawfully in Dwelling 0; and Wellbeing Checks 7.

KID'S CORNER

Meet 5 year old Kayson, a student at Westhaven Elementary School.

What is your favourite thing about Kindergarten? Gym

What is your favourite French word: Bonjour!

Kid's Corner is sponsored by:
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Knit and Crochet Club welcomes new members

by Deanna Mitchener

The Knit and Crochet Club of Edson was started by Stacy Ruttan back in 2011. The group meets every Tuesday night at the east end McDonald's from 6:30pm to 9pm and every Friday afternoon from 2pm to 5pm at the Galloway Station Museum.

Club member Rhonda Dick said, "For this month (January) the McDonald's is being renovated so we were temporarily at the Wendy's."

Anyone that does a craft or is interested in knitting or crocheting is welcome to join. "We encourage and help beginners when we can and we help people struggling with patterns or projects. We invite people that craft in colouring, weaving, spinning, loom knitting, machine knitting, cross stitching, embroidery, tatting, beading, etc. All ages are welcome to join," said Dick.

Rhonda, who created the poppy display at Galloway, said, "I joined the club in 2012. The

Poppy Drape is my way of remembering our veterans. Their sacrifices gave us our tomorrows. We remember them with poppies. Every poppy has a story and we need to tell those stories, retell the stories, and remember them all."

The Knit and Crochet Club is looking forward to meeting some new faces.



Holy Redeemer Students Hannah, Mary-Joy, and Cheska organized a Sweater Drive for their Religion 15 class to benefit those in need this winter. Teachers and students at Holy Redeemer were cordially invited to participate in the sweater drive by donating their gently worn sweaters, which were given to Edson Friendship Centre to be distributed to those in need. In total, they donated 60 sweaters on January 19. photo submitted by Deanna Mitchener

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- Mary Brown's
- Shekinah Coffee

and to all who gave cash donations towards Christmas Gift Cards for the less fortunate, as well as Reflections who helped distribute.

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Unreserved Auction for Laura Lee & Cory Polak Selling in Conjunction with the East Central Mid Winter Consign. Sale Equipment Located in Peers, Alberta

Opens on February 9th, 2024 & Closes on February 12th, 2024
Directions: 1/2 Mile North of Peers on Hwy #32, West Side of the Road
Blue Sign: 54324 Hwy #32



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- MF 300 Sp Combine
- Vers 400 Sp Swather w/ 12' P/U Reel
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- Westfield 4"x14' Grain Auger w/ Electric Motor
- JD 8350 12' End Wheel Seed Drill w/ Grass & Fertilizer
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- Calhoun Fertilizer Spreader
- Ezee-On FEL & Mtds
- Homemade 9' Pull Type Scraper
- 1000 Gal Water Tank on 4 Wheel Wagon

Cattle Handling

- Highline 6600 Bale Processor
- Farmhand Mixer Mill
- Sheep Crowding Tub, Alley & Head Gate
- Calf Roper Calf Tipping Chute & Alley
- Trim Chute
- Grain Troughs

FOR MORE INFORMATION OR TO ARRANGE VIEWING PLEASE CONTACT
LAURA LEE @ 780-728-8157
OR CORY @ 780-712-5749

The Office Trailer will be on Location on Feb 13th from 9:30 a.m. to 4:00 p.m. Only. For Information on Other Payment Methods, please visit our Website.

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Are you looking for summer employment?
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Apply now!

Valentine's Family Dance

Grab your loved ones and join us for an evening on the dance floor!

Evansburg Legion
♥♥♥♥♥♥♥♥
Friday, February 9th
♥♥♥♥♥♥♥♥
6-8 PM

Snacks & drinks provided
DJ Services provided by: Music By Taz
\$10 per family

Registration is required. To avoid cancellation, please register by February 2nd at yhcounty.ca/registration.

Brought to you by

Are you a recent Fire School Graduate looking to climb the ladder in your career?

Come work for YCFD through our ONE-YEAR Firefighter Work Experience Program!

Apply by February 16!

If you've successfully completed an accredited 1001 course within the last two years then this opportunity is for you!

For more information and to learn about the benefits of this amazing opportunity, please visit www.yhcounty.ca/ycfd-wep

GENERATIONS CONNECT Pen Pal Program

Join our Intergenerational Pen Pal Program for a unique exchange of wisdom, stories, and friendship.

Unleash the power of connections across generations!

Bridge the gap and create lasting bonds.

This FREE program is open to ages 12-18 and 55+

For more information or to join please contact Sierra at 780-325-3782 or showe@yhcounty.ca

YOGA in MARLBORO

February 4, 11 & 25
4:30 - 5:30 PM

Come join Renae for a rejuvenating practice where we will work with the mind - body connection while practicing balance, strength, stretching, and breath connection.

Class will end with a short guided meditation to calm and balance the nervous system, then you will finish with a quiet savasana.

Meet yourself where you are at: Chairs and blocks will be available for support tools if needed.

Join us at the Marlboro Community Hall for some yoga!
Bring a blanket, pillow and water. All levels welcome.

Cost is \$30 for the session (3 classes) or \$12/class drop in.

Register online at yhcounty.ca/registration

Alzheimer's Awareness Month

Together, we can raise awareness.

Alzheimer's Awareness Month may stop at the end of January, but the experiences of people who live with dementia do not. Take what you've learned during the month and continue to share it throughout the year.

By understanding what people living with dementia experience in their day-to-day-lives – their struggles, their successes and their hopes.

Together, we can raise awareness of dementia.



Phone: 780-723-4800 Toll Free 1-800-665-6030 Fax: 780-723-5066
8:00 AM - 4:30 PM

Approved Development Permits have been issued authorizing the following:

Permit No.	Location	Proposal	Date	Appeal Deadline
D23-118	SE-2-55-14-W5 North of Peers	Natural Resource Extraction & Processing (Gravel Pit) Variance for Crusher Site	Jan 15/24	Feb 5/24
D24-002	Plan 1123208 Blk 1, Lot 3 NW-16-50-26-W5 Jasper/Hinton Airport	Staff Accomodations - Discretionary - Variance Front Yard Setback	Jan 17/24	Feb 7/24
D24-003	SE-28-55-9-W5 Wildwood Area	Accessory Building (Pole Shed)	Jan 18/24	Permitted Use

Yellowhead County Development Permits are also posted online at www.yhcounty.ca. The public is considered officially notified of approved development permits once posted online, in accordance with the Public Notification Bylaw. The Yellowhead County Land Use Bylaw NO 09.21 provides that any person claiming to be affected by a decision of the Development Authority may appeal to the Subdivision and Development Appeal Board or Alberta's Land and Property Rights Tribunal dependent on jurisdiction of the appeal authority.

Appeals under the jurisdiction of Yellowhead County's Subdivision and Development Appeal Board require a written notice of appeal and a payment of \$300.00 payable to Yellowhead County within 21 day of the publishing of the Notice of Decision. Requirements for appealing the development to the Alberta's Land and Property Rights Tribunal can be found here: <https://www.alberta.ca/subdivision-appeals.aspx> or by calling 780-427-2444.

Farm and Business Succession Planning

Join us at one of our free in-person workshops discussing how to successfully transition your farm or business to a new owner or family member.

We've gathered a panel of experts to discuss financial, legal, and tax strategies when planning to transfer the ownership of an agribusiness to another owner or family member.

Kelly Robinson, BA, MBA
Senior Relationship Manager and Financial Solutions Advisor at Servus Credit Union in Whitecourt

Dean Hendrickson, CPA, CMA, CFP
Partner at Hendrickson Black Chartered Professional Accountants in Mayerthorpe

Brianne MacLeod
Associate Lawyer with Birdsell Grant LLP Barristers and Solicitors in Stony Plain and Whitecourt

It's never too early to start thinking about succession planning.

Tuesday, January 30 | 12:00pm-2:00pm
Peers Multiplex | 5114 51 St, Peers

OR

Thursday, February 1 | 6:00pm-8:00pm
Evansburg Legion Hall | 4823 50 St, Evansburg

Snacks and refreshments will be provided. These workshops are free but please register at yhcounty.ca/registration.

Wildfire Preparedness Community Sessions

FireSmart™ Community Series

FireSmart for residential properties, farms & acreages. Learn how you can create a FireSmart community. Event is from 4:00 to 7:00 PM.

Wildwood Community Hall on Jan. 30
Niton Community Hall on Feb. 1
Brule Community Hall on Feb. 6

All sessions are from 4:00 PM to 7:00 PM at local community halls or Fire Stations, but may need to be rescheduled due to weather conditions. Visit www.yhcounty.ca, or [Facebook.com/yellowheadcounty](https://facebook.com/yellowheadcounty) or 1-800-665-6030 for updates.

Jan 23	Evansburg (Fire Station 10)	Feb 15	Fulham Community Hall
Jan 30	Wildwood Community Hall	Feb 20	Peers Multiplex
Feb 1	Niton Community Hall	Feb 22	Pinedale Community Hall
Feb 6	Brule Community Hall	Feb 27	Beaver Meadow Community Hall
Feb 8	Pine Grove Community Hall	Feb 29	Marlboro Community Hall
Feb 13	Robb Community Hall	May 18	Cadomin May Long Weekend

Home Sprinkler Kit Giveaway!

Enter to win one of 12 home sprinkler kits. There will also be information on how to purchase them for your home and book a FireSmart™ assessment for your home.

Learn how to make your home FireSmart.

Notice of Public Hearing
PROPOSED BYLAW NO. 07.23

PURSUANT TO SECTION 692 OF THE MUNICIPAL GOVERNMENT ACT, BEING CHAPTER M-26 R.S.A. 2000 AND AMENDMENTS THERETO:

Notice is hereby given that all Public Hearings will begin at 9:30 a.m. on **February 13, 2024**, in the Council Chambers of the Yellowhead County Administration Building located at 2716 1st Avenue, Edson, Alberta.

The purpose of this hearing is to allow persons to make known their views with respect to the proposed Bylaw no. 07.23 being a Bylaw to amend part of the SE-26-53-16-WSM from RD-Rural District to CRD - Country Residential District.

Part of SE 26-53-16-WSM Area to be redistributed from RD - Rural District To: CRD - Country Residential District

Subject Property PT SE-26-53-16-WSM

CONTEXT MAP

All written submissions will become public information upon receipt by the Yellowhead County Council. Copies of Bylaw No. 07.23 are available for public inspection during regular office hours from 8:00 a.m. to 4:30 p.m. Monday through Friday at the Yellowhead County office located at 2716 - 1st Avenue, Edson, Alberta. Further information may be obtained by contacting the office at 723-4800, or 1-800-665-6030.

New business offers a place to relax and reset

by Niki Luymes

The team at Edson VIBE Cycle welcomes you to come check out their new business on Main Street.

ReVIBE Wellness Studio, which has only been open and operational since December 22, was created to help you get in some self care during a busy life. The business is first and foremost a place to recharge and treat yourself. It is the only place in Edson that boasts two different relaxation and revitalization pods.

The first of the pods is an infrared sauna, including a vibration massage. The pod brings all the benefits of a full infrared sauna, in less time. The second is a steam pod. Unlike of a dry sauna, this pod offers vitamin infused steam to nourish your skin. Clients can pick and choose which infusion they want to bring them the best benefits.

The new business also has a full body spray-tan booth so you can look good and feel good. With modern formulas the stereotypical 'orange' spray tan look is a thing of the past. This booth provides a deep, natural looking tan that's right for your skin tone.

"The pods are perfect for the cold

weather. It's a really deep heat, so they are quite popular during the cold. Especially the infrared sauna pod because it warms you from the inside out, so it can really get rid of that deep-seated cold," said Shauna Dirksen, owner and operator of VIBE Cycle and ReVIBE Wellness Studio. "Also, with the pods, they do have some really great health benefits as well. With athletes for example, it helps with muscle recovery. Anyone who has muscle aches or joint pain, it can really help."

All three of these services are then complemented by a curated selection of health and wellness products for sale in the lobby. This includes candles, superfood mixes, soaps, lotions, and more. All of these products are sourced within Canada as close to home as possible.

Both of the pods are booked in 25-30 minute sessions, meaning that they can fit perfectly into a busy schedule. "It's self care, quickly," said Dirksen. "One thing we hear often from our clients is being able to prioritize themselves and their self care and wellness, and how difficult that can be. A lot of times caring for ourselves hits the bottom of that priority list. It's ideal for

anyone who finds themselves kind of falling low on that priority list."

Everything from the atmosphere to the products and pods is have been carefully selected with the clients in mind. Pod sessions are \$35 per session, and spray tans are \$39. This means they can fit nicely into a tighter budget. You can also purchase packages like a 5 pack or a 10 pack. These will give you multiple sessions that can be booked whenever it works for you. "It's definitely a nice, quick little reset. Once you do that on a consistent basis, you can then bring your best self to the other areas of your life," added Dirksen

Dirksen originally moved to Edson for her husband's job, but has created her own mark on Edson. Her first business, VIBE Cycle, opened in March of 2022. Since

then, she has found a real joy in what she does. "I get to do all the things I love," said Dirksen, "I was a major spin junky when I lived in Edmonton. To be able to create that kind of community here has been huge. Our community within VIBE Cycle and ReVIBE is growing, as well as being part of the whole community. It's the people—that's our 'why'. Though VIBE we're like, 'How else can we add value, how else can we serve our clients?' That's the basis that brought us to ReVIBE."

If you would like more information, Dirksen and her team are happy to answer your questions. You can come in person or reach out via email, info@revibestudio.com or phone at (780) 723-8117. Their website, www.revibestudio.com.

Preventing Cumulative Stress

(AHS) Imagine running a marathon. Now imagine running another marathon immediately after with zero recovery time. Then another. Then another.

Cumulative stress is a bit like running consecutive marathons, except in this case there is little to show for it. Instead, chronically stressful situations with no reprieve have a harmful impact on your body and mind.

Cumulative stress has been defined as a common experience for people who work in chronically stressful situations. It can be the result of an accumulation of a heavy workload, poor communications, multiple frustrations, coping with situations in which you feel powerless, or the inability to rest or relax. It can be experienced in both work and personal lives and exacerbates stress levels in both areas of your life.

Moderate and contained stress can be a source of motivation, inspiration, and energy. However, prolonged and negative stress stimulates the level of stress hormones that can impact your emotions, thoughts, and physiological responses.

Possible Cumulative Stress Reactions:
If you are experiencing cumulative stress, here are possible reactions you may notice:

- Difficulty concentrating
 - Feelings of hopelessness, powerlessness, and cynicism
 - Sleep disturbances and chronic exhaustion
 - Irritability and angry eruptions
 - Chronic criticism and blaming of others
 - Withdrawal from others
 - Depression and anxiety
 - Increased substance use/abuse
- What can you do?
There are many things you can do to

improve your stress levels. Keep in mind that resilience should be a key part of a well thought out self-care plan that supports your ongoing personal and professional wellness needs.

Here are some suggestions or ways of reframing your thoughts:

- If possible, can you spot the silver lining? Researchers suggest that perception plays a key role in how we manage stress.

- Manage your stress levels by regularly putting time aside through your day to relax your nervous system (i.e. by using breathing exercises, taking your breaks or a walk at lunch, etc.)

- Re-assess any self-blaming or negative thoughts patterns and instead, look for one or two positive aspects of your day that you have control over.

- Connect with your family, friends and/or coworkers. Human connection has been shown to be a key factor in supporting resiliency.

- Get some physical exercise. Exercising stimulates the release of stress-relieving chemicals (such as dopamine and endorphins) into our system.

- Find something that will help distract you from intrusive thoughts. Some people find it helpful to be engaged in leisure and social activities. Returning to daily routines can also be helpful.

- Maintain good sleeping habits. Avoid using electronics (i.e.: cellphone, tablet, laptop, etc.) at least one hour prior to bed. Having healthy sleep patterns will support your recovery.

If you are struggling, you are not alone. AHS has resources and services available to help you. For information on supports in place to help, visit our support site at AHS.ca, or call the Mental Health Helpline at 1-877-303-2642.

REVIBE

WELLNESS STUDIO

Feel Calmer and Happier in 30 Minutes or Less!



In less time than most errands take, a stop at ReVIBE will leave you feeling relaxed and happy. It's the refresh you need to bring your best self to all of the important things you do every single day.

Book your 30-minutes-or-less of self-care today!



Sauna Pod - Unwind for 30 minutes in our infrared sauna pod. Deep heat leads to deep relaxation, plus a laundry list of health benefits!



Steam Pod - Relax and let go in our Steam Pod. Vitamin-infused steam is so good for thirsty skin and the deep heat will make you melt.

Spray Tan - Say hello to your natural glow in our automated Mystic Tan booth. A good spray is a definite confidence booster!

Book your 30-minutes-or-less of self-care today!

visit us at: revibestudio.com - info@revibestudio.com

Unit A4, 515 50th Street, Edson, AB

Mon: closed, Tues: 10 - 1, Wed: 3 - 7, Thurs: 12 - 7, Fri: 12 - 5, Sat & Sun: 10 - 2

County project to showcase community resiliency during fire and flood disasters

by Dana McArthur

During the Yellowhead County Council meeting on January 23, CAO Luc Mercier presented council with an overview of the proposed project 'Our Uncompromising Communities'.

Yellowhead County Council previously directed Administration to prepare options for how the County could document the fire and flood disasters of 2023, highlighting the resiliency and strength of our communities.

"During the budget process, the idea that Council put forward and put \$100,000 as a place marker for, was to look at options to capture the 2023 disasters, the fires and the flooding, so we could keep that as part of our history and document it," said Mercier.

During the spring emergencies of 2023, residents, first responders, and staff demonstrated remarkable resiliency in the face of adversity. Despite these challenges, our communities came together to support one another and overcome obstacles. Documenting this experience will serve as a testament to the strength and determination of our residents and will allow our communities to come together to share their collective experiences, Mercier stated.

The project dubbed 'Our Uncompromising Communities' is to document the stories of Yellowhead County related to the spring 2023 emergencies. These stories may be showcased through seven proposed distinct projects with a projected total of \$100,000:

- Highlighting our Resilience (no cost)
- Making our Mark (\$14,000)
- Celebrating our Hamlets (\$33,000)
- Sharing our Story (\$15,000)

- Displaying our Experience (\$4,000)
- Recording our History (\$29,000)
- Showcasing our Growth (\$5,000)

The proposed plan for the project includes a book, community displays, murals, artwork displays, and other associated material. Upon completion, each hamlet would host an opening day/evening for the exhibit, mural, and book. The event would feature food for the community, speakers, interview clips, and giveaways.

Councillor Dawn Mitchell said, "I think this captures the will of Council, and as usual, Administration expanded on it and just made it into something so much better. We have an amazing number of brilliant artists in Yellowhead County... this is a living history, I like it."

Councillor Penny Lowe said, "I guess I looked at this a little bit differently. It was a very large piece of history for Yellowhead County. I really am against doing a mural or artwork or something as you enter in one of our hamlets, because to me that's labelling that hamlet. As you're driving in you want to have something positive and not of a negative nature. Not only that, but it's very difficult for a lot of people to deal with. I think that constant reminder would be there every time you drive into town and I think it would not serve the purpose of what Council is trying to do. Yes, it happened, but it was a negative impact on that community."

Councillor David Russell said, "I can certainly empathize with counselor Lowe's position. I totally understand that and you don't want to repeat that over and over again. So it can be looked at and studied as to how much visual arts needs to be attached to this."

Mitchell responded, "I hadn't looked at it from the

negative. I truly had looked at it from the positive, in my mind's eye. Maybe people holding hands? I think we came out on the other side bigger, better, stronger, right?"

Councillor Anthony Giezen said, "from my perspective, I support the whole program. I think it has to be done tastefully and in the right way. But I think if we truly want to capture the event, we have to have it open and as broad as we can."

Councillor David Russell moved that Council for Yellowhead County direct Administration to proceed with Highlighting Our Resilience, Sharing Our Story, and Recording Our History projects for documenting the spring 2023 wildfire and flood emergencies as presented in "Our Uncompromising Communities"; and further, that Administration forward the remaining projects to a Governance and Priorities Committee Meeting for further discussion. This was carried unanimously.

Letter of Support: The Wildwood Agricultural Society requested a Letter of Support from the Yellowhead County for their 85th Annual Wildwood Fair 2024 Community Initiatives Program grant application for \$8,500.00. The grant money is to allow the Society to host extra activities such as bringing in a mechanical bull and climbing wall and to include fireworks at this year's fair. "The fair has always been a well-attended event. It is a source of pride for the community and an integral part of Wildwood's summer schedule," Derek Starnes, Parks and Recreation Supervisor for the County. Council voted to approved the letter expressing support for Ag Society's 85th Annual Fair Community Initiatives Program Grant application.

Edson 4-H Multi Club hosts Communication Day

by Livia Mahon, 4-H Club Reporter

On Wednesday January 17th the Edson 4-H Multi Club hosted Communication Day at the Edson Baptist Church.

A total of 9 Junior, intermediate, and senior members spoke and presented on variety of topics. The topics ranged from wildlife and horse tack, to life experiences.

The event was judged by six local community members. Sr-Inter: Jamie Little, Abby Davies and Randy Kopp; and Jr: Bev Tarr, June McPhee and Daine Peet. All participants did a wonderful job.

The first place in the Junior Presentation category went to Livia Mahon. April Hurren and August Hurren took first place in the intermediate category. The Junior speech category Hudson Hodgin placed first and Raydn Wright in the Senior.

All first place winners will be going on to the District Public Speaking event on February 10.

A big thank you to Joyce Kelly and Tanya Goodwin for organizing the event and the Edson Baptist Church for the venue. Edson 4-H Multi Club always welcomes new members, you can follow us on social media.



Back left (Isabel Stone, Raydn Wright, Hudson Hodgin, April Hurren, August Hurren, Isabel Mahon, and Rossyln Dickson). Front left (Livia Mahon, and Payzleigh Peterson)



Hudson Hodgin won first place Junior Speech on "What a Hero is".



Livia Mahon won first place Junior presentation on "Guppies".



Isabel Mahon won second in Intermediate Presentation Category.



Student Baristas are ACEing the Art of Coffee



gypsd.ca

communications@gypsd.ca



GNS: Good News Story

At Parkland Composite High School in Edson, the **Coffee Stop** is open for business!

Students in the Academic Center for Educational Success (ACES) program have opened a coffee shop for staff. Staff, and special guests, are able to stop by for a coffee or tea made to their liking!

The Coffee Stop provides the ACES students with positive interactions and the opportunity to develop important skills to prepare them for their transition out of high school.

The ACES program was developed to support students to successfully move from a traditional school environment into individualized adult programming in consultation with outside agencies. The ACES classroom focuses on life skills with the intent to prepare students for adulthood, whatever that may look like for them as individuals. Students in the ACES program are from Grades 9-12 and typically spend half the day within the ACES classroom and half the day integrated into classes that they enjoy - usually options (Foods, PE, Art, etc).

One Vision One Team One Goal

OBITUARIES

~ Obituary ~

Leslie (Les) Mervin Watt

With great sadness we announce the passing of Leslie (Les) Watt on Monday, December 11, 2023, at the age of 70.

Leslie was born in Unity, Saskatchewan to his parents George and Amy Watt.

Les grew up on his parent's farm outside of Unity with his sister and four brothers. Les attended Cairnview School until 1962, when he was then bussed to school in Unity. After Les graduated from high school he moved to Edmonton. In 1975 Les came home to Unity on vacation and met his wife of 47 years, Debbie.

Les and Debbie were married in 1976 and Les received his journeyman welding certification in Edmonton. Their son Michael was born in Edmonton and in 1979 the family moved to Edson, where their son Colin was born. Les worked for Procor, Luscar, Westmoreland, Weyerhaeuser plus several other companies in the Edson area.

In September of 2016, Les began the retired life by spending time with his granddaughter, pushing snow with the quad, mowing the large lawn, cutting down the occasional tree (which may have grazed the barn), puttering in his shop or having coffee with the guys.

Les enjoyed sports including watching the Montreal Canadiens, the Saskatchewan Roughriders and the LPGA, especially when Canadian golfer Brooke Henderson was playing. Les took part in local sports such as curling, recreational hockey and the occasional round of golf.

In August of 2022, Leslie underwent successful Aortic Valve replacement surgery. While recovering in hospital Leslie was diagnosed with Cerebral Amyloid Angiopathy.

Leslie is predeceased by his father George and mother Amy.

Leslie is survived by his wife Debbie, sons Colin and Michael (Nicole, granddaughter Cassie); his sister Heather (Lynn); brothers - Robert (Carol), Terry (Tomi), Glen (Rita) and David (Glenna) plus nieces and nephews and cousins.

The family is sincerely grateful to the staff at the Edson Continuing Care Centre for the kind and compassionate care they provided. The family would also like to thank Marilyn Oishi and Dr Oishi for their comfort and support.

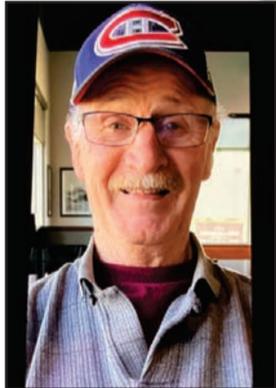
Cremation has taken place. The family will be having a private remembrance in the spring.

In lieu of flowers, donations may be made to the charity of your choice.

*"Death leaves a heartache no one can heal
Love leaves a memory no one can steal"
From an Irish headstone*

FOOTHILLS MEMORIAL CHAPEL

A Division Of The Caring Group Corp.
Edson 780.723.3575 Hinton 780.865.1234
www.foothillsmemorialchapel.com



~ Obituary ~

Leonard David Kolbe

On January 16th, 2024, Leonard David Kolbe passed away peacefully with his daughters by his side at the age of 81 years old.

Len was born in Mercoal, Alberta, on February 26th, 1942. He grew up in a loving family, among 3 brothers and one sister. The family moved to Edson, Alberta, in 1959, after the coal mine closed in Mercoal.

Edson became the place where Len graduated high school, married Winona Kiser (1962-1990) and where they had their first daughter, Carol.

Early employment included a job as a printer for The Edson Leader, followed by a job as a foreman for Bigs Construction in Edson. In 1970, Len began his coal mining career at Cardinal River Coals, first as a blaster and then as a shovel operator. He took great pride in what he did at the mine and often boasted about his efficiency and his production rates on Shovel # 1.

Second daughter, Tammy, was born in 1971. He moved his family from Robb, Alberta, to Hinton, Alberta, in 1972. Hinton became home for the rest of his life and career.

Len was a kind, generous man. He had a witty sense of humour and enjoyed the company of friends and family (over a beer in his yard or a cup of coffee at A&W).

Len lived a simple and fulfilling life. He loved the outdoors and spent much time camping, fishing, hunting, quadding, sledding and attending to his immaculate garden.

Other hobbies and passions included playing cards (Especially crib, where he had the experience of getting a 29 hand). He loved to cook, soups were his specialty. He enjoyed building bird houses in his spare time. Playing Dr Mario on his Nintendo was another pastime (the Jelly Bean game in his words).

Len was also a talented boxer in his youth and broke an Alberta record for his 14 second knock out in the feather weight category.

Len was a hockey fan, he enjoyed watching The Edmonton Oilers. He enjoyed watching his grandsons and great grandson play hockey as well.

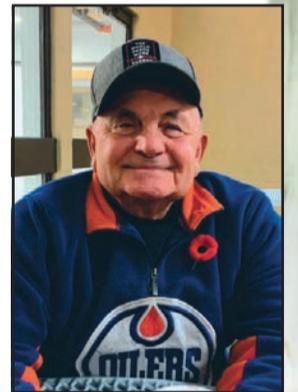
Len was predeceased by his mother (Theresa Kolbe), father (Wilhelm Kolbe), his siblings Donald Kolbe, Peter Kolbe (Loretta Kolbe), Sharon Boyer (Dale Boyer), Doug Kolbe and nephew Rodney Boyer, as well as his best friend Gary Conger.

He is survived by his partner, Carol Carpenter, his daughters Carol Kolbe and Tammy Kolbe, grandsons Dustin Kolberg, Chase Kolberg, Devon Wihnan and Bryce Wihnan and his great grandson Wyler Walker Kolberg. He also was survived by numerous nieces and nephews and cousins.

A huge thank you to Dr. Muthana and all the staff at the Hinton Hospital for all that they do.

A Memorial will be held in Mercoal, Alberta, during the summer of 2024. His ashes will be laid to rest with his brothers in Robb, Alberta, at that time. A date is yet to be determined.

In Lieu of flowers, donations may be made to The Heart and Stroke Foundation in his behalf.



FOOTHILLS MEMORIAL CHAPEL

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Willmore Park groomed for Winter Fat Bike riding

submitted by Deanna Mitchener

(Edson Cycling Association)

The Edson Cycling Association is excited to announce that Willmore Park will be groomed for Winter Fat Bike riding!

With the generous support of Riderz Edson, ECA has a

snowmobile and grooming plate. A SkiDoo Tundra 600 will tow a grooming plate that will even out the trail tread and make Fat Biking much more fun and smooth. This has been in the works for a while now and all the pieces have come together to deliver year round cycling to Willmore Park.

As warmer weather approaches, the trail surface will tighten up and

become much more firm with regular use and grooming. One way to help the ECA out on this is to be mindful of how deep your tires are sinking into the surface and adjust tire pressure to minimize damage to the trail. Another great way to help out is to wear snowshoes when walking the trails to reduce the impact boots or shoes have on the trail surface.

If you are sinking more than 1”(2.5cm) please adjust your tire pressure, wear snowshoes or wait for the trail surface to harden.

As the weather changes and we

get more snow, the grooming machine will be making regular passes to maintain the trails.

The Edson Cycling Association would like to give a huge thank you to Riderz Edson for all they have done in helping us make this huge dream a reality, as well as all the volunteers who worked tirelessly behind the scenes on this project.

Be sure to stop in at Riderz and speak to their amazing staff about Fat Bikes and how these bikes will transform your winter blues into winter YaHoos!

STARS LOTTERY returns to Alberta to support critical care

The lottery that goes above and beyond is back with the launch of STARS LOTTERY Alberta. From now until March 21, 2024, people from across the province can buy their tickets for their chance to win thousands of prizes – including one of three grand prize show homes – and be a part of STARS’ mission to provide critical care, anywhere.

“For nearly 40 years, STARS has relied on the support of Albertans to help ensure everyone has access to life-saving care, no matter who they are, or where they are located,” said Katherine Emberly, STARS president and CEO. “With the purchase of every STARS LOTTERY ticket, Albertans enable us to innovate and deliver on our promise to provide the best in critical care wherever, whenever, and however it’s needed.”

As STARS’ biggest annual fundraiser, STARS LOTTERY plays a vital role in the organization’s day-to-day missions – typically raising enough to fund the 24/7 operations of one of its Alberta bases for an entire year.

Additionally, every STARS LOTTERY ticket purchased supports the investment in leading-edge technology, research into new areas of care, hiring of the best talent, and most importantly helps save more lives.

With 2,105 prizes to be won, valued at more than \$4.8 million, Albertans can support STARS by purchasing tickets online at starslottery.ca or by calling 1-855-STARS-68 (782-7768). With tickets starting at only \$30 each, STARS LOTTERY remains the most accessible and affordable major charitable lotteries in the province.

Prizes this year include three grand prize show homes located in Calgary, Edmonton and Lethbridge, a bonus prize Winnebago RV valued at over \$241,000, and the Early Bird prize of \$500,000 cash. And, new for 2024, STARS is offering more ways to win with Million STARS Daily Cash – which includes 40 daily prizes of \$25,000 each – totalling \$1 million. A full list of prizes can be found at starslottery.ca/prizes.

The need for blood donations is constant

by Deanna Mitchener

Paolo Oliveros with the Blood Clinic recently stated, “In December we asked people to make donating part of their holiday plans. We are very grateful for everyone who answered our call and booked an appointment to donate. Thanks to positive response we’ve continued to ensure hospitals have the blood and blood products they need.”

But the need for blood and plasma is constant. “We are asking people to make donating a habit.”

“It’s a new year, and the perfect time for people to try something new. Starting a new routine by becoming a blood or plasma donor can help save a life in the process. It is important that people across Canada continue to donate blood or plasma throughout the winter

months. At this time of year, winter storms, illness, and holidays often lead to an increase in cancelled appointments. We need people to help fill every available appointment,” stated Oliveros.

“We are continuously reviewing and updating our donor screening criteria. You may be eligible now, even if you weren’t before.”

Thousands of people across Canada who spent time in countries affected by the human variant of ‘mad cow’ disease are now eligible to donate blood and plasma. More information about this historic change is their our website.

“Act now and book your winter blood or plasma donation by downloading the GiveBlood app, calling 1 888 2 DONATE (1-888-236-6283) or booking now at blood.ca,” Oliveros concluded.



What a comfort..



For us to know that our grief was shared by our family and friends. Thank you Padre Kuefler and the Edson Fire Department, Tyler Robinson, th Town of Edson, Foothills Memorial Chapel, and Oak Leaf Custom Wood Products for the burial urn. Your floral tributes , donations, messages and cards were appreciated. We all have precious memories of Lee Roy. He will be missed.

**Thanks again,
Lorraine Lonsberry and all the Lonsberry Families.**

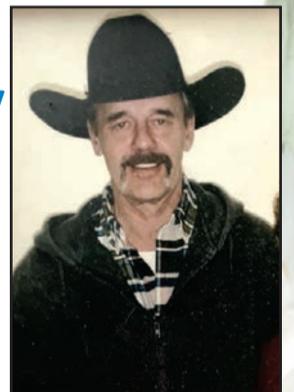
~ Obituary ~

John “Jack” Richard Astley

August 8, 1940 – January 14, 2024

Jack passed away peacefully at Sunset Manor January 14, 2024 at the age of 83.

Jack was born Aug 8th, 1940, to Reginald and Marguerite Astley in Mannville, AB. Growing up with 3 siblings, Miles, Reece and Yvonne. Predeceased by his Parents, siblings; Reece and Yvonne, Wife Babe, son Shane and grandson Ricky.



Jacks' early years were spent moving around with the family all over Saskatchewan and Alberta till they settled in Ponoka. He attended College in the US while playing hardball. He loved baseball.

Jack then met Babe, Todd and Shane and became a family of 4. Lots of horseback trips to the mountains, road trips to the states including Graceland. They would move to Peers, residing there for most of their years on the homestead farm. Raising Quarter-horses, Catahoula pups and many cats. Jack was an oilfield operator and worked in the mill. He participated in horse shows, attended local gymkhanas and rodeos.

You never caught Jack out of wranglers, a clean button up and a cowboy hat. He was full of jokes, wise cracks and always a light at any function. Having grandchildren stay at the farm for the summers, he had no problem poking you with a fork if your elbows were on Grandmas table. Driving school bus for the local kids, was a highlight of Jacks life. Stories he loved to share for many years.

Later in life, he liked going for scenic drives with a DQ blizzard in hand, always commenting on everything around. In August 2022 for his 82 birthday, he sat copilot in a side cart on a leisurely motorcycle ride to Dickson Dam feeling like he was 25 again.

On behalf of the family, thank you for all the kind words, stories and condolences. Jack will be truly missed! We can just imagine the greeting when you arrived upstairs! Rest easy old man we love you. Burying you with your boots on so you can keep kicking ass wherever you end up.

In lieu of flowers please make donations to Sunset Manor, on behalf of Sunshine Lane. Where Jack spent his last few years being adored by the healthcare staff. They took very good care of their Jackie.

As per his wishes no service will be held. Let's take a moment to remember the man we all knew and loved.

Condolences may be forwarded to www.rockyfuneralhome.ca. Rocky and Sylvan Lake Funeral Homes and Crematorium, your Golden Rule Funeral Homes, entrusted with the arrangements.

The Weekly **ANCHOR**

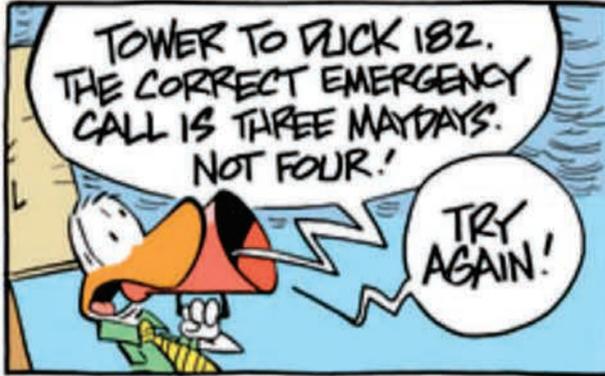
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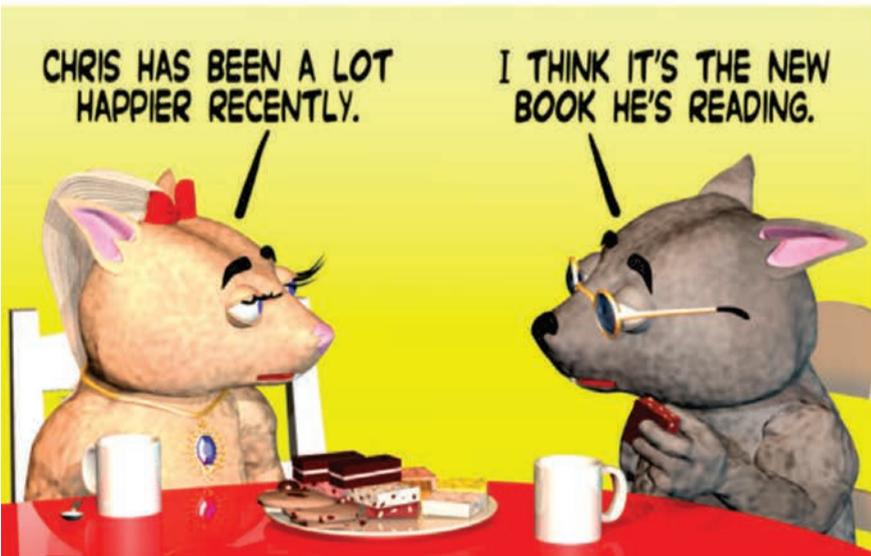


www.swamp.com.au

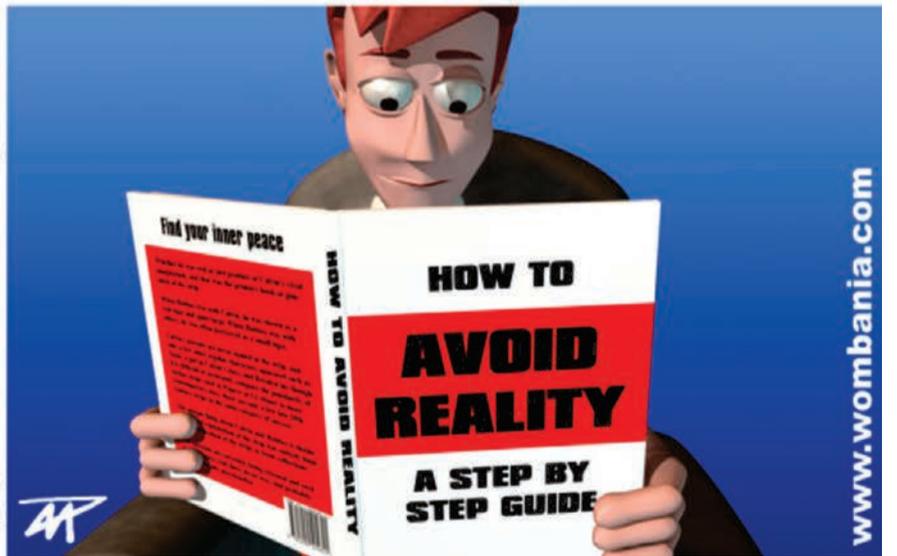


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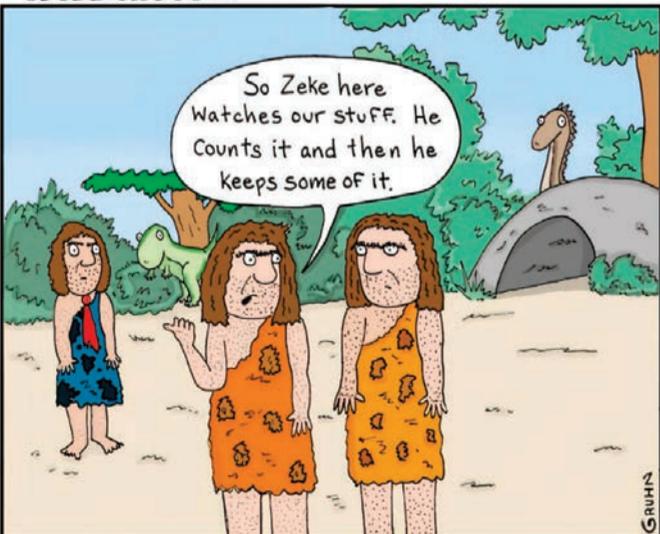


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The first Accountant

Q: What do you call a guy who's really loud?

A: Mike!

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(Call or text 403-966-4705)
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Phone: 723-3418
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What's happening, when and where in the community

Community Events

Jan 10 to Mar 20: Family Time. Join us on Wednesdays for some indoor fun! Program runs from 10:30 AM - 12:30 PM Marlboro Community Hall (January 10 & 24 February 7 March 13). Peers Multiplex (January 17 & 31 February 14 March 20). Registration is required. www.yhcounty.ca/registration
January 30: Farm and Business Succession Planning. 12:00pm-2:00pm Peers Multiplex. February 1, 6:00pm-8:00pm Evansburg Legion Hall. Snacks and refreshments will be provided. Workshops are free but please register at yhcounty.ca/registration.
February 4, 11 & 25: Yoga in Marlboro at the Marlboro Community Hall 4:30-5:30. Register online at yhcounty.ca/registration
February 8: Robb Ice Skating & Winter Fun! 12-2 PM Robb Skating Rink & Park. FREE DROP-IN STYLE EVENT BUT PLEASE REGISTER at yhcounty.ca/registration TO HELP US ESTIMATE NUMBERS.
Feb 9, March 8, April 12: Join Trail Hall for potluck suppers for more information call 780-728-5641.
February 9: Valentine's day dance. Evansburg Legion from 6-8pm Registration is required. by February 2 at yhcounty.ca/registration

February 15 - March 7: Pilates at the Robb Multiplex 10:00- 10:45am please register online at yhcounty.ca/registration
February 21: Alzheimer Support Group meeting. This month's group is meeting on February 2. Contact Karen at 780-325-3782 or kschatz@yhcounty.ca for more details.
Every Thursday: Seniors Chair Yoga Free. 10-11am Leisure Centre Hospitality Room.
First Wednesday of Every Month: Senior's Recycling Day. Between 10 am and 1 pm, senior citizens are welcome to visit the depot for snacks and refreshments while their staff unloads your sorted recyclables free of charge.

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The Weekly **ANCHOR**

Farm & Field

News and Views

43rd Medicine Lodge Rodeo

submitted Deanna Mitchener

Plans are rolling out for the 43rd Medicine Lodge Rodeo, so mark May 10-12, 2024 on your calendars and come join us, states Susan Longmore.

There will be three concession booths in 2024. "We are happy to be welcoming Gina's Food Booth and the Farmers Wife's Fabulous Caboose to help the Medicine Lodge concession booth feed all those attending our event."

The Clinton Gray Magic Comedy Show including Harvey the Roving Rabbit and Melissa's Bouncy House Fun will be added features for the young and old to enjoy.

Ron Pederson 'The Mullet Man' will be the entertainment for both the Friday night May 10th 'Kids Dance' (no alcohol) and the Saturday night, May 11th 'No Minors' bonfire dance. Ernie Smith will be returning to be the intermissions entertainment.

The always exciting mini-chuckwagon races will be featured on Friday and Saturday nights, (May 10-11). The lawnmower races were missed last year, but should be featured once again on Saturday and Sunday, (May 11-12).

Looking back on the 2023 cattle market

"The past year saw average monthly prices for fed steers in Alberta peak in June at \$246.61 per hundredweight," says Ann Boyda, provincial livestock market analyst with the Alberta government. "Feeder prices were also historically high, peaking in September at \$397.90 per hundredweight and \$328.41 per hundredweight for 550-pound and 850-pound steers, respectively. Cow prices were also strong, peaking at \$153.64 per hundredweight in July for cows in good condition. Strong prices seem poised to continue into 2024, in part, due to smaller cattle inventories."

Statistics Canada's supply and disposition data for total cattle in Alberta reflects the contraction experienced in the first half of 2023. The January to June 2023 cattle supply of 6.757 million head was estimated to be 2.6% lower than that of the same period in 2022. Supply estimates take into account the beginning inventory, calves born, interprovincial imports and international imports. The inventory estimates as of January 2024 are currently being compiled and expected to be released in early February.

What has attributed to this decline? Many sources point to drought conditions and concerns of feed availability. Higher calf and feeder prices also encouraged greater placement of cattle into feedlots, removing future inventory.

"2024 may be starting with smaller cattle inventories but high prices may still provide incentive to rebuild," points out Boyda. "The cold weather may cause feedlots to hold back cattle which could increase bid prices in the near term. Current signals suggest that the rebuild may still be a ways off."

Heifer placements on feed are still commanding a high share of the total cattle placed on feed. June 2023 witnessed a higher proportion of heifers enter feedlots (53.5%), exceeding 2022 proportionate share and that of the 5-year average for June of

40%. Signs of producers retaining more heifers for replacement did not emerge for the remainder of 2023.

Although total cattle slaughter volume of over 2.5 million head in Western Canada decreased by approximately 3.6% in 2023 versus 2022, cow slaughter volume of 379,565 head increased by 7.9% over the same period. Continued high levels of cow slaughter pressure the beef supply going forward.

"In 2023, dry conditions, high costs and interest rates, limited labour and economic uncertainty held back any plans for growth. Restocking drought-reduced cow herds takes time so any expansion will be slow. How long this will take rests with predictions of weather, beef demand and profitability. So far, beef demand has proven robust even with higher prices relative to other proteins.

"Cow-calf producers have recovered positive margins last year and are hoping to sustain favourable margins into the near future. Even feedlot operators enjoyed some months of positive margins in 2023, although higher prices paid for feeders last year may result in tighter returns in the first half of 2024. Overall, 2024 has some prospect of being a good year, especially for the cow-calf sector, but weather remains the greatest risk factor," says Boyda. *-AgriNews*

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